	PDL CURRICLUM (PSHE) SKILL	S PROGRESSIO	N			
YEAR 7							YEAR 13
Topic	Year 7 Encountering	Year 8 Foundation	Year 9 Core	Year 10 Development	Year 11 Enrichment	Year 12 Enhancement	Year 13
Peer on Peer Abuse Bullying/cyber-bullying, intimate relationship abuse. physical abuse, sexual violence, sexual harassment, consent, sharing of nudes, up skirting, initiation/hazing type violence	 I can demonstrate social skills in the school environment and can demonstrate positive friendships I can explain some resilience and strategies to deal with peer pressure I can describe the meaning of bullying and cyberbullying and the impact it can have on an individual I explain where to seek support and advice on bullying/cyberbullying. I can recognise inappropriate, nonconsensual, or unwanted behaviour, including online Demonstrate self-efficacy (a belief in your own abilities) and confidence in how to identify trusted adults and access support services I can explain the pressures on young people to send naked pictures (sexts) I can identify the qualities of positive friendships I can identify healthy and unhealthy relationship behaviours I can explain what consent means, both legally and ethically, and why it is so important. 	autism within a diverse society; I can recognise disablist language and bullying I can describe ways of challenging disablist language, bullying, discrimination and prejudice; Understood the injustice and the senselessness of racism I can explain the concept of stereotyping and recognised the dangers of carrying misinformation I can identify and challenge homophobic, biphobic and transphobic behaviour LGBTQ+ I can identify when a relationship can be improved with effective communication or when the relationship is nolonger healthy and should be ended I can identify how to get help if I'm worried about anything that's happened online. I can identify the manipulative behaviours used to pressure someone into sharing an image, and a range of strategies to respond. I can describe the impact nonconsensual nude image sharing might have on a young person.	 I can recognise rights everyone is entitled to in different relationships, including family, intimate relationships and online I can explain when, why and how to report abuse and access appropriate support I can analyse challenges to seeking support available to overcome barriers I can recognise the unacceptability of forced marriage and identify support for someone who may be at risk I can explain how and why it is wrong to assume someone is giving consent I can state the legal definitions of freedom and capacity to consent, and can describe the ethical considerations I can explain that for someone to try to make another person more vulnerable or to mislead that person to make them trust them is wrong, and can be a very serious crime 	 explain ways to keep safe and support friends when socialising in situations involving alcohol or other drugs describe strategies for managing peer influence in increasingly independent contexts assess whether relationship behaviours are healthy or unhealthy I can explain strategies to effectively manage relationship break ups suggest ways to support a friend who is in an unhealthy relationship I can define the terms stalking and harassment I can Identify the behaviours associated with stalking Explain what to do if someone feels they or someone they know is the target or perpetrator of stalking or harassment Recognise when romantic attention is unwanted or unacceptable, including online Explain how perpetrators and their peers can safely address potential perpetrator behaviours 	 I can explain what online blackmail is I can describe the impact this may have I can identify some controlling and manipulative behaviours online I can explain how to get help, and different people and organisations who can provide support with problems young people face online. I can recognise and demonstrate what behaviours are unacceptable in a healthy relationship I can explain the law in regard to sexual assault and rape I know the important qualities to look for in a future partner that will keep me safe Evaluate whether a relationship is healthy or unhealthy Identify strategies to build a healthy lasting relationship Explain a number of ways how to access support in relation to unhealthy relationships 	 I can explain the recent history of the LGBT movement in the UK I can explain why its important Britain celebrates equality and diversity I can explore and challenge LGBT+ prejudices and stereotypes that are out there I can explain the consequences of consuming alcohol I can analyse toxic masculinity comes from and how damaging it can be to men and women I can explain how unhealthy anger is to the body, mind and my peers 	•I can explain why porn negatively influences people's behaviours in society •I can explain what revenge porn is and the law surrounding it •I can explain alcohol abuse and drink spiking and the risks associated with both -I can explain in detail what peer on peer abuse is, including the different types -I can explain in detail the risk of peer on peer abuse at university and in the workplaceI can list a number of external support agencies if I was ever the victim of peer on peer abuse at university or in the workplace.

In addition to the knowledge and skills relating to peer on peer abuse in PDL (PSHE) lessons, every year group has a number of assemblies/talks delivered to support our aim of tackling peer on peer abuse. For example: 'Peer on Peer Abuse assembly', 'anti-bullying assembly', 'CEOP and CSE assembly', 'Police discrimination assembly' and more.